

**6D5N**

# MYSTICAL BHUTAN

*Thimphu - Punakha - Paro*

TC: BHU-CHARTER-6D

## HIGHLIGHTS

- ✓ **Meditation & Blessing at Simtokha Dzong** – experience peace and spiritual energy with resident monks in Bhutan's oldest fortress.
- ✓ **Riverside Picnic Lunch in Punakha**  
Enjoy a relaxing meal by the river with breathtaking views of Punakha Dzong and the surrounding lush valley
- ✓ **River Rafting on the Mo Chhu River**  
Add gentle adventure as you float past rice fields, forests and traditional villages
- ✓ **Archery, Bonfire & Cultural Show at a Farmhouse** -Try Bhutan's national sport, enjoy a cozy bonfire dinner and watch traditional performance for a memorable farewell

## PACKAGE INCLUDE

- ✓ RT air SIN-PBH-SIN by Bhutan Airline
- ✓ 02 nights hotel in Thimphu w Bf
- ✓ 02 nights hotel in Paro w Bf
- ✓ 01 nights hotel in Punakha w Bf
- ✓ Tours, Meals & Transfer as per Itinerary
- ✓ Lunch - at restaurant
- ✓ Dinner - at hotel
- ✓ English speaking Guide
- ✓ Admission fee as per itinerary
- ✓ SDF-Government Fees & Taxes
- ✓ Bhutan Visa Fee
- ✓ 5GB sim card per person

## PACKAGE EXCLUDE

- ✓ Compulsory Tippings to Guide+Driver USD5/pax/day
- ✓ Personal Travel Insurance
- ✓ All personal expenses
- ✓ Surcharge for Chinese Guide: TBA

**VALID : FEB'2026 - DEC'2026**

## DAY 01 SINGAPORE → PARO - THIMPHU

**(Lunch/Dinner)****Paro to Thimphu** (1hr drive/54km)**Scenic Himalayan Flight** – Begin your journey with stunning views of snow-capped peaks, valleys, and terraced fields.**Chuzom** – Visit the confluence of the Paro and Thimphu Rivers, marked by three stupas in different styles.**Tachog Lhakhang** – Explore the Temple of the Iron Bridge, built by the 15th-century saint Thangtong Lunch – Enjoy a Bhutanese meal in Thimphu.**King's Memorial & Craft Bazaar** – the iconic chorten and browse traditional handicrafts and souvenirs.**Hotel Welcome** – a warm welcome in Hotel**Hotel:** Choice of Hotels Thimphu 3/4/5\*

## DAY 02 EXPLORE THIMPHU

**(Breakfast/Lunch/Dinner)****Simtokha Dzong:** Built in 1627, it is Bhutan's oldest fortress and offers a serene atmosphere for meditation and blessings by resident monks.**Buddha Point (Kuensel Phodrang):** Visit the giant Buddha Dordenma statue and enjoy panoramic views of Thimphu Valley – a perfect spot for photography and quiet reflection.**Folk Heritage Museum:** Explore a 150-year-old Bhutanese farmhouse that provides insight into traditional rural life, farming techniques, and local craftsmanship.**Takin Reserve:** Spot the elusive Takin, Bhutan's national animal, known for unique appearance as a cross between a goat and a cow.**Weekend Market:** Experience the lively local market filled with fresh produce, handmade crafts, textiles, and souvenirs.**Tashichho Dzong:** This royal and monastic fortress houses the King's throne room and provides a glimpse of Bhutan's monastic traditions and administrative heritage**Hotel:** Choice of Hotels Thimphu 3/4/5\*

## DAY 03 THIMPHU - PUNAKHA

**(Breakfast/Lunch/Dinner)****Dochula Pass (3,080 m):** A breathtaking drive over the pass offers 360° panoramic views of the Eastern Himalayas on clear days. The 108 Druk Wangyal

Chortens (stupas) are a beautiful photo stop and spiritual landmark.

**Picnic Lunch by Mo Chhu River:** Enjoy a serene riverside picnic with views of Punakha Dzong and the surrounding valley.**River Rafting on Mo Chhu:** For an adventurous touch, experience gentle rafting amidst scenic mountains – safe for beginners and fun for all ages.**Punakha Dzong:** Known as "The Palace of Great Happiness," this fortress is a masterpiece of Bhutanese architecture, adorned with intricate woodwork, courtyards, and historical murals.**Punakha Suspension Bridge:** Walk the longest suspension bridge in Bhutan (180 m) for stunning river valley views and great photo opportunities.**Hotel:** Choice of Hotels Punakha 3/4/5\*

## DAY 04 PUNAKHA - PARO

**(Breakfast/Lunch/Dinner)****Scenic Drive Back to Paro:** Cross the Dochula Pass again and enjoy different perspectives of the Himalayan range, valleys, and quaint villages**Ta Dzong (National Museum):** Explore Bhutanese art, weapons, costumes, and religious artifacts**Rinpung Dzong (Paro Dzong):** "Fortress of the Heap of Jewels" offers magnificent murals, towering white walls, and an insight into monastic life and Bhutanese administration.**Hotel:** Choice of Hotels Paro 3/4/5\*

## DAY 05 HIKE TO TIGER'S NEST

**(Breakfast/Lunch/Dinner)****Tiger's Nest Hike:** Hike up to one of the most iconic monasteries in the world, perched dramatically 900 m above Paro Valley. Discover the legend of Guru Rinpoche, who arrived here riding a tigress, and feel the spiritual energy of this sacred site.**Local Farmhouse Visit:** Participate in Bhutan's national sport – archery – and engage with villagers to learn about traditional crafts, cooking, and daily life.**Optional Hot Stone Bath:** Relax in a natural herbal hot stone bath, a traditional Bhutanese wellness experience.**Farewell Dinner & Cultural Show:** Enjoy an intimate dinner with authentic Bhutanese dishes accompanied by local music and dance performances.**Hotel:** Choice of Hotels Paro 3/4/5\*

## DAY 06 PARO → SINGAPORE

**(Breakfast)**

After breakfast, transfer to airport for your flight back home with sweet memories. Your tour ends with memories of a truly delightful holiday with WTS

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OUR OUTLETS:



六天五夜

# 神秘不丹之旅

\* 廷布 \* 普那卡 \* 帕罗 \*



TC: BHU-CHARTER-6D

## 行程特色

### 廷布

- \*喜马拉雅山景航班
- \*不丹国兽-塔金动物保护区
- \*不丹大佛
- \*民俗博物馆
- \*塔希秋宗/辛托卡宗
- \*周末市场
- \*国王纪念佛塔与手工艺市场

### 普那卡

- \*都楚拉隘口 - 海拔 3200 公尺,矗立著 108 座佛塔,可观赏喜马拉雅山脉 雄山峻岭英姿
- \*普那卡宗庙-全国最美丽庄严的宗庙
- \*楚克旺耶纪念碑 - 108 座佛塔
- \*普那卡吊桥
- \*莫楚河漂流

### 帕罗

- \*虎穴寺-举世闻名,被誉为世界十大超级寺庙之一
- \*塔宗国家博物馆
- \*奇美寺
- \*帕罗市区商店街
- \*农庄体验

## 行程包含

- ✓ 来回帕罗机票+机场税(不丹航空)
- ✓ 二晚廷布酒店住宿+早餐
- ✓ 一晚普那卡酒店住宿+早餐
- ✓ 二晚帕罗酒店住宿+早餐
- ✓ 观光,餐饮,接送以行程为主
- ✓ 入门票
- ✓ 英语导游
- ✓ 入境签证

## 行程不包含

- ✓ 给导游司机的小费:每人每天美金五元
- ✓ 个人旅游保险
- ✓ 个人消费
- ✓ 华语导游附加费:

## 第一天 新加坡 → 帕罗 - 廷布

(午/晚)

帕罗-廷布: 55 公里/约 1.5 小时

喜马拉雅山景航班-连绵雪山山谷与梯田壮丽景色  
楚宗-参观帕罗河与廷布河的交汇处,这里竖立着三种不同风格的佛塔,象征多元信仰  
塔措寺-探索由 15 世纪高僧建造的“铁桥寺”  
国王纪念佛塔与手工艺市场-廷布地标并选购当地手工艺品与纪念品  
夜宿廷布 (海拔 2400 米)

Hotel: Choice of Hotels Thimphu 3/4/5\*

## 第二天 探索廷布

(早/午/晚)

不丹大佛 - 庄严大佛约 51 米高,可俯视廷布全景,  
辛托卡宗 - 不丹最古老宗堡  
不丹吉祥国兽-塔金(羊脸牛身)  
周末市场-体验当地人生活气息贩卖新鲜农产品  
塔希秋宗-国王办公及僧侣居住的皇家宗堡  
民俗博物馆-150 年的传统农舍了解不丹农村生活  
夜宿廷布

Hotel: Choice of Hotels Thimphu 3/4/5\*



## 第三天 廷布 - 普那卡

(早/午/晚)

廷布-普那卡: 76 公里-3 个小时

普那卡-是不丹的旧首都,充满乡村田园风光,  
为不丹皇室及高的避暑胜地。

多楚拉隘口-可观赏不丹雄山峻岭的英姿, 108 座佛塔是著名地标与拍照点

普那卡宗庙-城堡雄伟,气势磅礴坐落于两河交流之处,背山面水-以精美木雕与壁画闻名。被誉为全国最美丽庄严的寺庙。

莫楚河漂流-体验轻松漂流活动,沿途欣赏稻田与山景,安全且适合所有年龄层。

普那卡吊桥-全不丹最长吊桥(约 180 米)是拍照的绝佳地点

夜宿普那卡

Hotel: Choice of Hotels Punakha 3/4/5\*

## 第四天 普那卡 - 帕罗

(早/午/晚)

普那卡-帕罗: 120 公里 4 个小时半车程

奇美寺-又称生育寺传说在此祈求可得子嗣。途中穿越稻田与村落,风景秀丽  
返回帕罗途中-再次经过多楚拉隘口,从不同角度欣赏雪山与山谷美景。

塔宗-原为瞭望塔。现为国家博物馆,收藏不丹艺术,服饰,武器与宗教文物。

夜宿帕罗

Hotel: Choice of Hotels Paro 3/4/5\*



## 第五天 帕罗 - 虎穴寺

(早/午/晚)

虎穴寺-不丹国内最神圣雄伟壮观的佛教寺庙被誉为世界十大超级寺庙之一位于帕罗峡谷上方 900 米高悬崖峭壁上。据古代经书记载。八世纪时莲花生骑着一匹飞虎从西藏来到此地降妖服魔,并曾在这里修行三个月,所以这里也因此被奉为圣地,全不丹的信徒均来此顶礼膜拜。

你可选择徒步攀登或自费租用驴子(美金 20)代步至半山腰瞭望台。(视个人步行速度,包含休息,参访,用餐等约四小时或更长时间)

农庄体验-参观当地的村庄,感受淳朴的民风及生活方式,与当地村庄家庭一起学习。

可选活动-传统热石浴,以天然草药与石头温泉疗法放松身心。

夜宿帕罗

Hotel: Choice of Hotels Paro 3/4/5\*

## 第六天 帕罗 → 新加坡

(早)

早餐后,专人协助办理离境手续,献上“不丹吉祥语”Tashi Delek (祝一路平安-幸福吉祥)

- Sequence of itinerary is subject to change without prior notice.
- In the event of discrepancy between English and Chinese itineraries, refer to English version itinerary.

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