

8D7N

ESSENCE OF LAOS



TC: LAO-302-8D

Upd: 5 Oct 2026

DAY 1 SINGAPORE → VIENTIANE

Arrive in **Vientiane** by flight.

Meet & greet, lunch and hotel check-in.

- 📍 **Patuxai (Victory Monument)** – Vientiane's iconic landmark, inspired by traditional Lao
- 📍 **That Luang** – Visit Laos' most important national religious monument
- 📍 **That Dam (Black Stupa)** – Historic dark-coloured stupa
- 📍 **Mekong Night Market** – Stroll along the Mekong River, with local food, shopping and a lively night-market atmosphere

Overnight: Vientiane

DAY 2 VIENTIANE → PHONSAVAN (B/-/-)

Fly to Phonsavan by QV401 or LK212

- 📍 **Plain of Jars – Site 1** – Discover the mysterious ancient stone jars scattered across the landscape
- 📍 Enjoy the peaceful countryside scenery of the **Xieng Khouang region**

Overnight: Phonsavan



📍 Plain of Jars

DAY 3 PHONSAVAN – PLAIN OF JARS & HOT SPRINGS (B/-/-)

- 📍 **Plain of Jars – Site 2** – Continue exploring the mysterious stone jar sites about this fascinating ancient heritage
- 📍 Enjoy the surrounding natural scenery and tranquil atmosphere
- 📍 **ASA Hot Spring Resort & Spa** – Relax and unwind in the natural hot springs

Overnight: Phonsavan



📍 Wat Xieng Thong

DAY 4 PHONSAVAN → VIENTIANE (B/-/D)

- 📍 Fly from **Phonsavan to Vientiane** by QV402 or LK213, then continue road to scenic **Vang Vieng**
- 📍 **Nam Song River Long-tail Boat Ride** – Cruise along the scenic river & enjoy dramatic limestone mountains and countryside scenery
- 📍 **Cultural Performance & Dinner** – Enjoy an evening cultural show accompanied by dinner



📍 Nam Song River Long-tail Boat Ride

DAY 5 VANG VIENG – LUANG PRABANG (BY TRAIN) (B/-/-)

- 📍 **Tham Jang Cave** – Explore one of Vang Vieng's well-known limestone caves
- 📍 **Blue Lagoon** – Relax beside the clear blue waters surrounded by natural scenery
- 📍 Afternoon board **C86 train to Luang Prabang (16:30–17:26)**
- 📍 Upon arrival, check in and enjoy dinner.
- 📍 **Lao Cultural Performance** – Experience traditional Lao culture through music, dance & performances

Overnight: Luang Prabang

DAY 6 LUANG PRABANG – CULTURE, WATERFALL & MEKONG (B/-/D)

- 📍 **Alms Giving Ceremony** – Witness the traditional morning ritual of monks receiving offerings from local residents
- 📍 **Morning Market** – Explore a lively local market featuring fresh produce and local products
- 📍 **Royal Palace Museum** – Discover Laos' royal heritage and historical collections
- 📍 Enjoy lunch at a countryside restaurant
- 📍 **Kuang Si Waterfall** – Visit one of Laos' most scenic natural attractions, famous for its beautiful turquoise pools and cascading waterfalls
- 📍 **Mekong River Cruise** – Relax on a scenic cruise along the Mekong River, with dinner, drinks and traditional Lao music and dance
- 📍 **Night Market** – Stroll through Luang Prabang's famous night market, browsing local handicrafts and souvenirs

Overnight: Luang Prabang

Tour Highlights



- Explore the historic capital city of **Vientiane**
- Discover the mysterious **Plain of Jars**
- Relax at **ASA Hot Springs**
- Enjoy a scenic **Nam Song River cruise**
- Experience the natural beauty of **Vang Vieng**
- Visit the stunning **Kuang Si Waterfall**
- Experience the heritage of **Luang Prabang**
- Enjoy a relaxing **Mekong River Cruise**
- Travel between destinations by **Laos-China Railway**
- Explore vibrant **night markets** and local culture



Refer to itinerary

What's Included

- Meals, transfers & admission fees as per itinerary
- Hotel accommodations

Remarks

- The company reserve the right to alter the sequence or change or amend the itinerary if necessary with or without notice. All flight and hotel are subject to final confirmation.
- Package excludes: Driver & Guide Tipping USD6/pax/day | Travel Insurance | Personal expenses | Visa Fee
- Full-board meal for 10 pax and above
- Images shown in the itinerary are for reference only.
- Terms & Conditions Apply

DAY 7 LUANG PRABANG – VIENTIANE (BY TRAIN) (B/-/-)

- 📍 **Mount Phousi** – Climb this scenic hill for panoramic views over Luang Prabang and the surrounding landscape
- 📍 **Wat Xieng Thong** – Luang Prabang's most elegant celebrated temple
- 📍 Board **C91 train to Vientiane (12:28–14:31)**
- 📍 **Art Museum** – Explore local artworks and cultural displays

Overnight: Vientiane

DAY 8 VIENTIANE → SINGAPORE (B/-/-)

- 📍 Breakfast and leisure time
- Check out and visit:
- 📍 **Wat Phra Kaew** – Explore this historic temple complex
- 📍 **Wat Sisaket** – One of Vientiane's oldest surviving temples, known for its numerous Buddha images
- 📍 Transfer to the airport back to Singapore



8天7晚

第4天

老挝梦幻山水文化之旅

万象·川矿·万荣·琅勃拉邦

TC: LAO-302-8D

Upd: 5 Oct 2026

第1天 新加坡 → 万象

搭乘航班飞往万象

接机、午餐后入住酒店。

- **凯旋门** – 万象著名地标，融合老挝传统建筑风格

- **塔查寺** – 老挝最重要的佛教地标之一，也是国家象征

- **黑塔** – 位于市中心的历史古塔，以深色外观闻名

- **湄公河夜市** – 沿湄公河散步，感受当地夜间市集氛围，选购特色商品

住宿: 万象

第2天 万象 → 川矿 | 石缸平原 (早/午)

早餐后搭乘航班前往川矿 (QV401 / LK212)

- 抵达后前往参观著名的**石缸平原1号遗址**

- **石缸平原1号遗址** – 探索神秘的古代巨型石缸群，散落于辽阔的自然景观之中，感受独特的历史与考古氛围

- 欣赏川矿高原地区宁静的自然风光

住宿: 川矿



火车

第3天 川矿 | 石缸平原 & 温泉 (早/午)

- 前往参观**石缸平原2号遗址** – 延续参观另一处著名石缸遗址，欣赏古老石缸与自然景观

- **ASA温泉度假村** – 前往温泉度假村享受天然温泉，放松身心

住宿: 川矿



ASA温泉度假村

第4天 川矿 → 万象 – 万荣 | 山水之旅 (早/午/晚餐)

- 搭乘航班从**川矿**返回**万象**，随后乘车前往风景秀丽的**万荣**

- **南松河长尾船** – 乘坐传统长尾船欣赏南松河沿岸自然风光

- **歌舞表演及晚餐** – 欣赏当地文化歌舞表演，享用特色晚餐

住宿: 万荣



Nam Song River Long-tail Boat Ride

第5天 万荣 – 琅勃拉邦 | 溶洞·蓝湖·文化体验 (乘火车) (早/午)

- **坦江溶洞** – 探索万荣著名的天然石灰岩溶洞穴景观

- **蓝色西湖 (Blue Lagoon)** – 欣赏清澈蓝色湖水，享受悠闲的自然环境

- 下午搭乘 **C86** 火车前往琅勃拉邦 (16:30–17:26)

- 抵达后入住酒店并享用晚餐

- **老挝文化表演** – 欣赏传统音乐、舞蹈及文化演出，感受老挝独特文化

住宿: 琅勃拉邦

第6天 琅勃拉邦 | 佛教文化·瀑布·湄公河 (早/午/晚餐)

- **布施仪式** – 清晨观赏当地传统布施活动，感受浓厚的佛教文化

- **早市场** – 走访当地传统市场，体验地道生活与特色商品

- **皇宫博物馆** – 了解老挝王室历史及文化遗产

- 田园餐厅享用午餐

- **光西瀑布** – 欣赏著名的碧蓝色天然瀑布池，层层瀑布，景色优美迷人

- **湄公河游船** – 悠闲乘船欣赏湄公河沿岸景色，并享用晚餐、饮料及传统老挝歌舞表演

- **夜市** – 晚上自由逛访琅勃拉邦夜市，选购当地手工艺品、纪念品及特色商品

住宿: 琅勃拉邦



坦江溶洞

行程亮点



- 万象古都文化 – 探索凯旋门、塔查寺及历史古迹
- 神秘石缸平原 – 深入探索独特的古代石缸遗址
- 温泉休闲体验 – 于天然温泉中放松身心
- 南松河长尾船 – 欣赏万荣壮丽山水与乡村风光
- 光西瀑布 – 欣赏梦幻碧蓝瀑布与天然景观
- 琅勃拉邦古城 – 深度体验佛教文化、古寺与王室历史
- 湄公河游船 – 边享用晚餐边欣赏河畔风光及传统歌舞
- 老挝铁路体验 – 搭乘火车连接各大旅游城市
- 夜市与当地生活 – 感受老挝传统文化、手工艺及悠闲生活方式



请参阅行程安排

行程包含

- 行程中所列餐食、接送及门票费用
- 酒店住宿

备注

- 公司保留在必要时更改行程顺序或行程安排的权利，恕不另行通知。所有航班和酒店预订均以最终确认为准。
- 行程不包含: 导游司机小费: 每天每人美金5元 | 旅游保险 | 自己的消费 | 签证费
- 行程图片仅供参考



普西山

第7天 琅勃拉邦 – 万象 | 古寺·城市文化 (早/午)

- **普西山** – 登山欣赏琅勃拉邦城市及周边景色

- **香通寺** – 琅勃拉邦著名古寺，以精美的传统老挝建筑风格闻名

- 搭乘 **C91** 火车返回万象 (12:28–14:31)

- **艺术博物馆** – 欣赏当地艺术作品及文化展示

住宿: 万象

第8天 万象 → 新加坡 | 行程圆满结束 (早/午)

- 早餐后享受悠闲时光

- 下午退房后参观万象景点:

- **玉佛寺** – 历史悠久的寺庙建筑，展现传统老挝佛教建筑特色

- **西萨格寺** – 万象历史悠久的寺庙之一，以众多佛像及古老建筑闻名

- 随后前往机场，搭乘 返回新加坡

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